McGee Middle School May 2012

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
We serve healthy choices and whole grains daily					
NEW Yogurt Plates *Made to Order Sandwiches and Salads from Our Deli*		1 **Stick Day** Bread Sticks Cheese Sticks Marinara or Meat Sauce Green Beans Choice of Fruit Low Fat Milk	2 **Hamburger, Hot Dog or Veggie Burger** On a Whole Grain Roll Lettuce, Tomato or Cheese Spicy Oven Fries Choice of Fruit Low Fat Milk	3 **Baked Potato w/ Fixens or Nachos** Taco Meat, Cheese Sauce, Served with Rice, Corn And Toppings Choice of Fruit Low Fat Milk	4 **Pizza Pizza** Plain or Pepperoni Garden Salad Choice of Fruit Low Fat Milk
NEW Yogurt Plates *Made to Order Sandwiches and Salads from Our Deli*	7 **Pizza Dippers Chicken Nugget Combo** Tater Tots & Veggie Choice of Fruit Low Fat Milk	8 **Plain or Spicy Chicken Patty** On a Whole Grain Roll Lettuce, Tomato or Cheese Oven Fries Choice of Fruit Low Fat Milk	9 **½ Day** **COME SEE US FOR Breakfast 7:20-7:45 am**	10 **Stick Day** Bread Sticks Cheese Sticks Marinara or Meat Sauce Green Beans Choice of Fruit Low Fat Milk	11 **Pizza Pizza** Plain or Pepperoni Garden Salad Choice of Fruit Low Fat Milk
NEW Yogurt Plates *Made to Order Sandwiches and Salads from Our Deli*	14 **Nacho Chips** Taco Meat, Cheese Sauce, Served with Rice, Corn And Toppings Choice of Fruit Low Fat Milk	15 **Buffalo Grinder or Meatball Grinder** On a Whole Grain Roll Lettuce, Tomato or Cheese, Oven Fries Choice of Fruit Low Fat Milk	16 **Stick Day** Bread Sticks Cheese Sticks Marinara or Meat Sauce Green Beans Choice of Fruit Low Fat Milk	17 ***BAJA Burrito Day*** Soft Taco's Stuffed with ***Chicken or Fish*** Kicked–Up Sauces and Salsas Corn, Rice & PLANTAINS Choice of Fruit Low Fat Milk	18 **Pizza Pizza** Plain or Pepperoni Garden Salad Choice of Fruit Low Fat Milk
NEW Yogurt Plates *Made to Order Sandwiches and Salads from Our Deli*	21 **Soft or Hard Taco** Taco Meat, Cheese Sauce, Served with Rice, Corn And Toppings Choice of Fruit Low Fat Milk	22 **Teriyaki Beef Tips** Mashed Potatoes Veggie & Roll Choice of Fruit Low Fat Milk	23 **Pasta with Meatballs or chicken Tenders** Garden Salad & Bread Choice of Fruit Low Fat Milk	24 **Hamburger, Hot Dog or Veggie Burger** On a Whole Grain Roll Lettuce, Tomato or Cheese Spicy Oven Fries Choice of Fruit Low Fat Milk	25 **Pizza Pizza** Plain or Pepperoni Garden Salad Choice of Fruit Low Fat Milk
NEW Yogurt Plates *Made to Order Sandwiches and Salads from Our Deli*	28 **No School**	29 **Nacho Chips** Taco Meat, Cheese Sauce, Served with Rice, Corn And Toppings Choice of Fruit Low Fat Milk	30 **Stick Day** Bread Sticks Cheese Sticks Marinara or Meat Sauce Green Beans Choice of Fruit Low Fat Milk		***Menu subject to change***