



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max)

NEW BRITAIN-BERLIN YMCA (MUST BE 15 YEARS OF AGE TO PARTICIPATE)

WHEN: Tuesday, March 17th 10am-10pm (Pre-Test)
Wednesday, March 18th 10am-10pm
Thursday, March 19th 10am-10pm

PRICE: Members- \$350.00
Program Members- \$350.00
Non-Members- \$350.00

Pre-Test: ALL participants must pass to participate in course.
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve 10lb object).

LOCATION: NEW BRITAIN-BERLIN YMCA
50 High Street
New Britain, CT 06051
860-229-3787 x145
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